

LOUISIANA NEWSLETTER

FROM THE DESK OF YOUR STATE DIRECTOR - HASHIM DAWAN

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LOUISIANA BOYS - GENERAL INFORMATION

I want to welcome everyone to the 2006-2007 Louisiana Men's Gymnastics competition season. With the competition season now open, I want to wish everyone a safe, exciting, and fun year.

Gym Hop at Empire: Empire Gymnastics in Jefferson, Louisiana hosted this seasons first Gym Hop. The gymnasts had a great workout during the Labor Day weekend. A big hand goes out to the coaches and gymnasts of All-Star Gymnastics, Gymnastics Unlimited, and Empire Gymnastics for supporting Louisiana Men's Gymnastics. Do not get lost out of this fun event. Host a Gym Hop at your gym.

State Meeting at Trey Yuen: The food always tastes better when

someone else pays for it. LMG hosted the state meeting at a five-star Chinese restaurant in Mandeville. Congrats to Frank Tardo of New Heights in New Iberia for winning the drawing for LMG paid trip to the '07 National Congress in San Jose, California. The next state meeting will be held on Friday March 30, at the Trey Yuen restaurant in Mandeville. That's right, it's the day before State Championships.

'06 National Future Stars results: Louisiana's very own Brennan Skinner training at Mandeville Sports Complex tested with Gymnastics Unlimited at the Olympic Training Center. Brennan placed 31st out of 53 competitive boys. Congratulations Brennan!

National Champions perform at LMG State Clinic: Sean Golden and Matt Hicks of Houston Gymnastics Academy gave everyone a world class performance and provided world class motivation and advice to our gymnasts and coaches. The gymnasts enjoyed the performances, workouts, and lunch. Thanks to Mandeville Sports Complex for hosting the '06 LMG State Clinic.

Gymnastics Unlimited: Congratulations to Kevin Anderson for becoming a gymnastics facility owner. Gymnastics Unlimited, his gym, is in Thibodaux, Louisiana.

Team Louisiana: Don't forget that Team Louisiana will be selected after this competition year. Those that are selected will be a part of an exclusive accelerated training program. Good luck to everyone!

VITALLY IMPORTANT CLUB AND COACHES INFORMATION

LA. Men's Website: If you are reading this, then you are at the new LMG website. Bookmark it and visited it for all your gymnastics needs. Susan Rossi of Mandeville Sports Complex has achieved this awesome task for our State. Thank you!

J.O. Update #9: There are changes and you can find them here on LMG website.

Judges Corner: This will become a page on the LMG website. Here you can get all results from LMG competitions along with a judges summary of each event respectively. Please take all criticisms constructively.

Coaches T-Shirt Sizes: Please send Hashim via email all LMG coaches and judges t-shirt sizes. That is, if you want a cool free shirt.

Wanted: digital pictures of all competitive gymnasts. Please email all pictures to hdawan1@lsu.edu. A simple head shot is all that is needed.

Merry Christmas and a Happy New Year!



We are...

Louisiana Men's Gymnastics

REGION III MEN
Gymnastics



THINGS TO DO

- Updating and checking email.
- Check all equipment for wear and tear.
- Check and renew Pro-memberships and Safety for expiration.
- Support LA. Men's Gymnastics by hosting a Gym Hop.